

27. A composition according to claim 25 wherein said composition further comprises at least one conditioning polymer.

28. A composition according to claim 24 said composition further comprising a lustering agent, said lustering agent selected from the group consisting of sodium laureth sulfate, glycol distearate and a mixture of sodium laureth sulfate and of glycol distearate, at a concentration from about 0.1% to about 1% by weight.

29. A composition according to claim 24 said composition further comprising lauryl betaine, at a concentration from about 1% to about 10% by weight.

30. A composition according to claim 24 said composition further comprising surface active agents selected from the group consisting of sodium laureth sulfate, ammonium laureth sulfate and lauryl glucoside and mixtures thereof, such that the total concentration in surface active agent in the composition is from about 5% to about 30% by weight.

31. A composition according to claim 24 wherein said composition further comprises at least one hydrating agent, in particular glycerol and/or polyethylene glycol, at a concentration lying in the range 1% to 20% by weight.

32. A composition according to claim 24 said composition further comprising at least one buffer, a dye, an anti-oxidant, and a preservative.

33. A composition according to claim 24 adapted for use as a shower gel.

34. A composition according to claim 24 comprising the following compounds in percentage by weight:

-	Water	62.92%
-	Sodium laureth sulfate	12%
-	Hydroxypropyl methylcellulose	0.5%
-	Sodium cocoyl isethionate	7%
-	Ammonium lauryl sulfate	3%
-	Lauryl glucoside	1%
-	Lauryl betaine	4%
-	Polyquaternium-10	5%
-	Polyethylene glycol (PEG)	2%
-	Preservative(s)	0.5%
-	Fragrance	1.5%
-	Menthyl lactate	0.5%
-	Menthol	0.08%

35. A method of simultaneously cleansing and freshening the skin comprising applying a composition according to claim 21 to the skin.

36. A method according to claim 35 wherein said composition is used as a shower gel.